

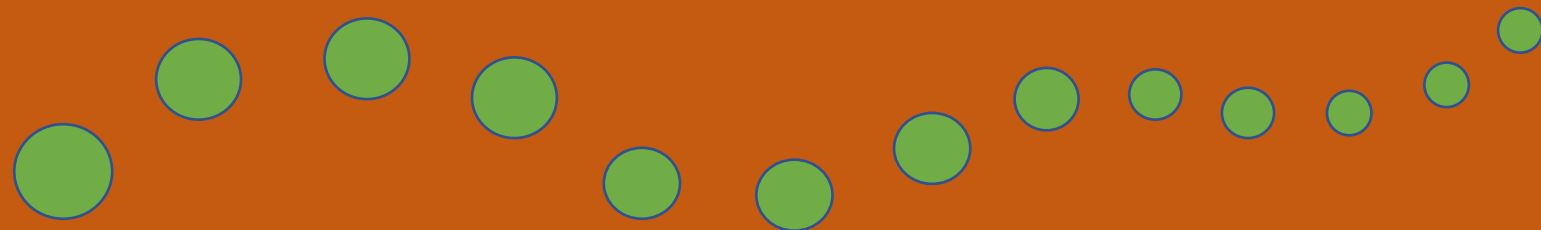
**alithias**  
Power over healthcare's price.

*Alithias Advocacy & Benefit Services: Helping Employees Navigate their healthcare needs*

# ***What We Do:***

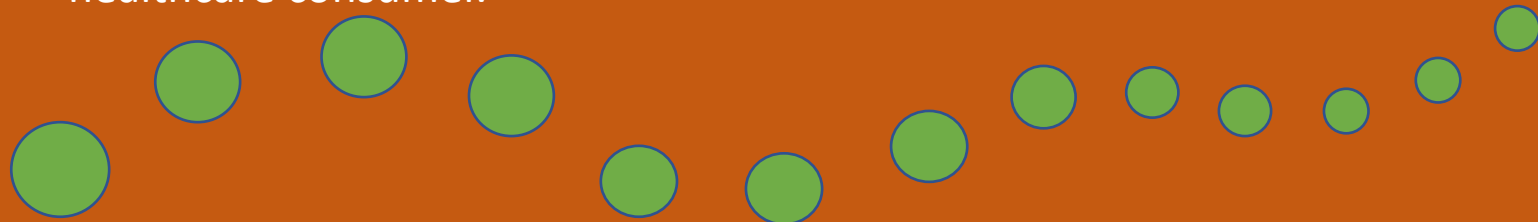
**Save you and your employer time and money by assisting you with your healthcare navigation needs and benefit support.**

**We want to help you become better healthcare consumers.**



# *Did you know your healthcare is shoppable?*

- When needing a non-emergent, steerable procedure, you have options.
- We identify high-quality physicians within your healthcare network to get the best price for you.
- You may even qualify for an incentive just by becoming a better healthcare consumer.

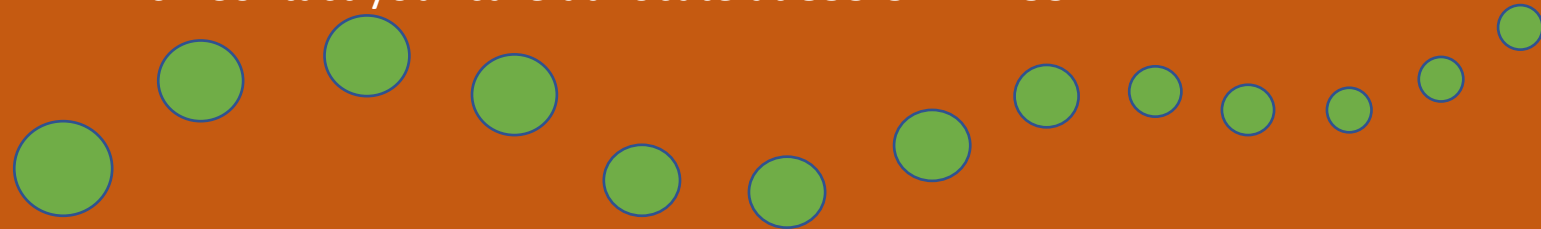


# Quality and What We Know

- We only work with the highest quality physicians provided by your PPO Network.
- Ambulatory Surgical Centers have lower infection and readmission rates.
- Free standing diagnostic and radiology centers provide similar equipment and the results are read by quality radiologists often from highly regarded medical systems, like the Cleveland clinic.

# *How do you get started?*

- **STEP 1:**
  - If your physician identifies you need a non-emergent procedure such as a colonoscopy, MRI or even a total knee replacement, you will need to obtain an order/referral.
- **STEP 2:**
  - Have your physician fax the order to 855-860-3123 or you can email the order to [askme@careadvocacycenter.com](mailto:askme@careadvocacycenter.com).
- **STEP 3:**
  - Contact your care advocate at 855-577-2755.



# *You're almost there*



- **STEP 4:**
  - Your care advocate will identify the high-quality, high-value physician for your procedure needed within your network and send you a Care Option Report. This typically takes between 1-3 days.
- **STEP 5: Once you receive your report -**
  - You will review your options.
  - Call your advocate with any questions.
  - Make a decision.
  - If you choose one of the options, proceed with scheduling.

YES.....you are on your way to big savings!



**alithias**  
— Truth In Healthcare —

# Your Care Option Report



## High Value Service Option Report

The options below have been chosen based on your unique healthcare needs. My goal is to assist you in finding high value, high quality healthcare. Please call me at (855) 843-8783 if you are not completely satisfied with these providers.

Your personal information goes here

### SERVICE INFORMATION – Colonoscopy (Screening)

#### What's Included:

Estimating the cost of a colonoscopy in advance of the procedure is difficult. Your doctor won't know if a biopsy will be taken or if one or more polyps will need to be removed until well into the procedure. The estimate shown includes the facility and physician fees, including the weighted average of the cost of a biopsy. This estimate does not include the cost of polyp removal. Most people don't require anesthesia but some providers prefer it.

#### Service Description:

A colonoscopy is a test that provides an inside look at your large intestine for signs of cancer. The test is performed with a flexible tube that has a camera on it, so it can take pictures of the inside of your colon and rectum. It also has the ability to snip off polyps and tissue samples.

### PROVIDER SERVICE OPTIONS

State Average: \$4,480.00

#### Moreland Endoscopy Center

📍 1111 Delafield Street  
Waukesha, WI 53188  
☎️ (262) 544-8622

Quality Rating: N/A  
Distance: 8.5 miles

PPO 2 AVG COST	ESTIMATED SAVINGS	INCENTIVE
\$1,735.00	\$2,495.00	\$250
	High Value	

#### Mayfair Digestive Health Center

📍 1033 North Mayfair Road  
Wauwatosa, WI 53226  
☎️ (414) 454-0600

Quality Rating: N/A  
Distance: 4.5 miles

PPO 1 AVG COST	ESTIMATED SAVINGS	INCENTIVE
\$1,895.00	\$2,335.00	\$250
	High Value	

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- When using a high-value option, you may be eligible for a cash incentive.
- Once your procedure is complete, you will be asked to complete a brief survey. This will identify you qualify for your incentive.
- Incentive amounts are typically between \$250.00-\$2,000.00



2022 Approved MoneyTwenty™  
Incentive Offerings

Procedures	Incentive Amount
<b>Women's Health</b>	
Breast Biopsy	\$250
Hysterectomy	\$1,000
<b>Gastrointestinal</b>	
Colonoscopy (includes sigmoidoscopy)	\$250
Upper GI (endoscopy with or without biopsy)	\$250
<b>Diagnostic Imaging/Radiology</b>	
All CT Scans	\$250
All MRIs	\$250
<b>Ear, Nose and Throat</b>	
Ear Insertion of Ventilating Tubes	\$250
Sleep Study (At Home)	\$250
Nasal/Sinus Septoplasty	\$1,000
<b>General Surgery</b>	
Gallbladder Removal	\$1,000
Groin-Hernia Repair > 5 years and older	\$1,000
<b>Orthopedics</b>	
Hand Surgery (Carpal Tunnel)	\$500
Knee Shaving and Debridement (Arthroscopy)	\$500
Knee Meniscus / Cartilage Repair	\$500
Knee Ligament Repair (ACL Repair)	\$1,000
Shoulder Rotator Cuff	\$1,000
Total Hip Replacement	\$2,000
Total Knee Replacement	\$2,000
Spine/ Level 1 Cervical Fusion OR Disc Arthroplasty	\$2,000
Spine/ Level 2 Cervical Fusion OR Disc Arthroplasty	\$2,000
Spine/Lumbar Fusion	\$2,000
<b>Urology</b>	
Vasectomy	\$250
Kidney Stone Removal	\$1,000

As your Care Advocate, let us help you find a high-value provider.  
We can steer you towards your best option.  
This will save you time and money, plus put cash in your pocket.

Call your Care Advocate today at **855-843-8783** .



## Let's Connect the Dots

We are here to support you and your employer, providing high-quality, cost- sensible options to consider.

We are not medical professionals; therefore, we do not make recommendations, but suggest high-quality, high-value care for you to consider.

The options provided are not pricing guarantees. The prices shown are average costs based on the “average insurance allowed amount” of the procedure you requested.

You are not required to use the options.

Care Advocacy is intended to act on member's behalf - in all aspects of healthcare - benefits, billing, claims, etc.